

To find out more

Please complete the following

Name:.....

Address:

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Tel:.....

Email:.....

Return to your local Advocacy
office/address overleaf

Kingston Office

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KT2 6LX

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**Become a
Citizen
Advocate**

**KAG Advocacy CIO
Reg. Charity No.
1154696**

WHAT IS A CITIZEN ADVOCATE?

A Citizen Advocate is a volunteer who provides an individual with 'a voice' to make sure their views are made known and respected, and their rights protected. They might support someone with a mental health problem or learning disability.

The amount of time commitment will vary with each partnership, anything from two hours per week to a couple of hours a month.

Availability of the volunteer will be taken into account when an introduction is made. Legitimate expenses are paid.

HOW DOES CITIZEN ADVOCACY WORK?

A Citizen Advocate is introduced to an individual who requires support. The advocate will be 'on the side' of the person they represent.

The Advocate will:

- Get to know the person
- Learn what their difficulties are
- Support them to make choices
- Help get their views across

The advocate may:

- Attend meetings
- Make telephone calls
- Write letters
- Help with paper work

WHAT TRAINING AND SUPPORT IS AVAILABLE?

KAG Advocacy is committed to ensuring that advocates are adequately trained and supported.

We provide:

- Preparatory training sessions
- Ongoing individual support
- Regular group meetings/social meetings
- Additional 'one off' training opportunities

What are the benefits for a volunteer?

- Making a difference
- Providing a service to your community
- Gaining experience in the field of health and social care